

Whole School PE overview

This is a guide to ensure a range of Physical Education is taught across the academic year however these are subject to change when we have sports coaches in to work with the learners. Please note that this is a suggested overview and may be adapted to meet the needs of the learners.

	Autumn 1	Autumn 2	Spring 1	Spring 2	Summer 1	Summer 2
EY	Yoga	Yoga	Dance	Multi-skills	Athletics	Athletics
Year 1	Gym Improving agility	Dance Improving catching	Improving balance Gym	Multi-skills Dance	Athletics Orienteering	Striking and Fielding Athletics
Year 2	Improving throwing Dance	Health related exercise (HRE) Gym	Dance Invictus	Multi-skills Gym	Athletics Orienteering	Striking and fielding Athletics
Year 3	Football Gym	Netball Dance	Tennis Gym	Dance Hockey	Games Swimming	Games Swimming
Year 4	Dance Tag-rugby	Gym Basketball	Dance Badminton	Gym Golf	Games OAA	Games Athletics
Year 5	Football Yoga	Netball Gym	Hockey Gym	Tag-rugby Dance	Stoolball Athletics	Rounders Dance
Year 6	“Sportshall” Athletics Football	Netball Gym	Hockey Gym	Tag-rugby Dance	Cricket Choose from tennis, rounders, or golf	OAA Dance (production)